

# Know your **RIGHTS** and be confident

## Workshop

14th March

10.00 - 1.30

Lunch provided

United Reformed Church

Eden St, Kingston

KT1 1HZ

- Have you recently had your support needs assessed or reviewed?
- Did the experience leave you feeling a bit left out and not listened to?
- Have you had your support hours cut?
- Have the charges (your financial contribution) for your care and support gone up and affected your quality of life?
- Do you want to know your rights?

If **YES**, book your place at our workshop.

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Kingston Centre For  
Independent Living

Empowering Disabled People